

Teambuilding (Code: TMB)

Evolution-U Leadership, Management & Team Building Business Suite

Duration: Custom - Level: Foundation to Advanced



The Evolution-U Leadership, Management & Team Building Business Suite is a focused offer of engaging soft skills trainings, providing usable tools for measurable performance gains praised by our clients

Workshop Outline

Cohesive and collaborative teams are the foundation of any successful business. The challenge that has existed throughout business evolution is that people have their own targets, KPI's and priorities which detracts from the principles of cohesion and collaboration. This can result in conflict, lost value and dysfunctional organisations. There are many approaches to team building, each with their own benefits. The Evolution-U approach is based around facilitation of a high energy class-room environment, using games, role play and breakouts to maximise participant interaction. The take-aways from Evolution-U team building activities revolve around insights into human psychology and how to develop best practises to achieve improved teamwork, increased productivity and heightened levels of trust.

Workshop Objectives

Teambuilding workshops can have profound impact at the individual, team and corporate level, setting the groundwork for changes in relationship dynamics and customer fulfilment. Below is a selection of outcomes that participants can expect to attain depending on the exact teambuilding workshop selected;

- Participate in team building focused games that create a fun environment for learning;
- Develop improved relationships with colleagues by participating in energetic, insightful games that promote teamwork and trust;
- Depending on the game selected, take away insights and learnings around key themes including leadership, teamwork, collaboration, trust and communication effectiveness;
- At the client's option, include a post-game theory section to expand on the lessons learnt during the game session and give participants a structure for applying the principles.

Teambuilding workshops are customised to client needs. Duration can range from as little as 90 minutes to a half day and designed for groups of as little as 6 to 160 participants.

Teambuilding Game Options

RAISING THE BAR

DURATION: 45-90 MINUTE OPTIONS

This game helps teams identify the characteristics that define success at an individual, team and corporate level, and challenges participants to develop a methodology that they will take into the workplace and apply in order to 'raise the bar'. The game comprises three parts; (i) Individual selection and decision analysis; (ii) Team discussion, analysis, rationalization and agreement, and (iii) Group sharing and identification of best practises for application. The total workshop time is a function of the time allocated to (ii) and level of detail desired in (iii). At the client's option, the instructor will capture and summarise the best practises identified in part (iii) and send as a post-session checklist for follow up and internal implementation.

SHIPWRECKED

DURATION: 60-120 MINUTE OPTIONS

Shipwrecked is a fun team role play where each member of the team has to play that part of a shipwrecked crewmember and decide the order of importance for a series of items to maximise their chance of survival. In stage 1 participants rank the items individually and in stage 2 as a group. The instructor then introduces the correct order and directs the group how to calculate the variance. In theory (and normally in practise!), group variance is less than individual supporting the thesis that teamwork results in better decisions than individual think. This discussion and the dynamics within each team are the focus of stage 3 where the instructor facilitates discussion and participants are encouraged to share their experiences. An optional addition of collaboration theory can be added to this game which is related back to the learnings.

WIN ALL YOU CAN

DURATION: 90-120 MINUTE OPTIONS

Also known as the 'X&Y' game, Win All You Can is a highly competitive game where teams try to outthink each other to accrue the highest total value over 10 rounds of play. The objectives and learnings of this game are many; the benefits of collaboration vs. competition, the dynamics of trust and ethics, the advantages and limitations of strategy, the need for effective communication, the role of sacrifice and transparency. Depending on the preferred outcomes that the client would like to derive from the session, the instructor can direct post-game discussions accordingly and add accompanying theory as required. At the client's option, the instructor will capture and summarise the best practises identified during the post-game analysis and send as a post-session checklist for follow up and internal implementation.

BUILDING VALUE – THE LEGO GAME

DURATION: 60-90 MINUTE OPTIONS

Teams of up to 10 people are each given an identical bag of Lego and three graphs depicting how value is built and lost. The objective of the game is to build the most valuable structure from the Lego based on the three variables depicted by the graphs. This is a high energy interactive game of teamwork and strategy. The winning team will brainstorm effectively, allocate roles, and identify and implement the most effective strategy. During the instructor debrief principles in communication, leadership and decision making can be introduced depending on the preferred duration. At the client's option, the instructor will capture and summarise the best practises identified during the post-game analysis and send as a post-session checklist for follow up and internal implementation.

Who Should Take This Course

Business Owners, Management, Sales, PR & Marketing Executives, Human Resources Executives, any and all persons who need to challenge existing processes and/or make the most of team work on a regular basis will benefit for learning and mastering the techniques introduced in these courses, with immediate results.

For more information & reservations please contact Jessica
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NLP Communication Skills • Collaborative Communications • Pitching & Presenting
Sales Effectiveness • Building Trust • Negotiation Theory • Diversity & Inclusion
Persuasion Psychology • Personality Profiling • Leadership • Teambuilding • Personal Empowerment